
Why is Unforgiveness the Worst Sin

And How to Forgive Biblically



Introduction

This eBook is being sent to everyone participating in the *21 Days of Consecration* across the world. We encourage you to share the [registration link](#), so others may be blessed!

In earlier eBooks, you saw the gravity of sin—how it affects not only our lives but also our communities and cities.

Before we repent of our other sins, Scripture urges us to address the sin that blocks us from forgiveness, and has the most severe consequences: **unforgiveness**. When we obey God's Word here, we not only remove its destructive effects—we also unlock our hearts to love others and, even more, to experience God's love in deeper ways than ever.

Until we forgive, our repentance, worship, and even our intercession cannot have the power or effectiveness God intends. "*Forgive, and you will be forgiven*" (Luke 6:37).

Ephesians 4:26–27

"Be angry and do not sin; do not let the sun go down on your anger [offense], and give no opportunity [place/foothold] to the devil." (In brackets, words from other Bible versions.)

Ephesians 4:31–32

"Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you."

Scripture teaches that **unresolved anger, offenses and unforgiveness** give the enemy a **place/foothold in our lives** (Eph 4:27).



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In the Lord's Prayer, Jesus teaches us to pray:

Matthew 6:12

"Forgive us our debts, as we also have forgiven our debtors."

And He immediately emphasizes:

Matthew 6:14–15

"For if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses."

Main point: Our experience of the Father's forgiveness is inseparably tied to our willingness to forgive others.

Not even sexual sin or murder is said to block our own forgiveness the way **unforgiveness** does—in **terms of its consequences in us** (see Matthew 6:14–15). Many times our emotions diminish and we assume we have forgiven; but unless we forgive as **Scripture directs**, we often haven't truly forgiven **from the heart**.

Jesus' parable of the unforgiving servant (Matthew 18:21–35)

Peter asked, "Lord, how often will my brother sin against me, and I forgive him? As many as seven times?"

Jesus answered, "I do not say to you seven times, but seventy-seven times."

Then Jesus told a parable:

- (vv. 23–27) A king forgives his servant an astronomical, unpayable debt.
- (vv. 28–30) That same servant refuses to forgive a small debt by comparison.
- (vv. 31–34) The king is angered and hands the unforgiving servant over to the jailers.
- (v. 35) Jesus concludes: "So also my heavenly Father will do to every one of you, **if you do not forgive your brother from your heart.**"

God has forgiven us an unpayable debt—therefore we must forgive others freely and whenever it's needed.

This parable also shows that when we refuse to forgive from the heart, we open ourselves to torment—giving the enemy rights to afflict us—**until** we forgive.



What “forgiving from the heart” looks like

Forgiving from the heart is not a feeling. It is a deliberate decision to obey God by forgiving specific offenses. Here's how Jesus' parable models it:

1) Take full account of the offense.

Name it specifically (what was said/done/not said/not done). The king reviewed the exact accounts—so do we, openly before God.

2) Recognize the magnitude of the debt.

Do not minimize the wrong. You can't forgive a million-dollar debt as if it were ten dollars. Acknowledge the loss, and that the offender cannot truly “make it up.” Release expectations (even of apologies). Trust Jesus to restore what was lost.

Matthew 18:27 — “And out of pity for him, the master of that servant released him and forgave him the debt.”

Romans 8:28 — “We know that for those who love God all things work together for good...”

Joel 2:25 — “I will restore to you the years that the swarming locust has eaten...”

Isaiah 61:3 — “...to give them a beautiful headdress instead of ashes, the oil of gladness instead of mourning...”

3) Forgive, cancel the debt, accept the loss, and bless.

“I forgive and cancel the debt because Jesus fully paid for their sins—and mine.” Justice was satisfied at the cross (Isaiah 53:5). As we forgive and **bless**, we align with God's heart toward them and make room for His work in both of us.

John 20:23 — “If you forgive the sins of any, they are forgiven them...”

Romans 12:14 — “Bless those who persecute you; bless and do not curse them.”

Job 42:10 — “And the Lord restored the fortunes of Job, when he had prayed for his friends...”



4) Renounce anger, related negative emotions, and the lies you believed.

Because Jesus bore wrath for sin, I lay down my anger and choose love. I value the person above the offense. I renounce each attached emotion (e.g., rejection, fear, bitterness, depression) and replace each lie with truth from God's Word.

Many times, the roots of our negative emotions—depression, anxiety, fear, and more—come from unforgiveness of a past wound, or traumatic event we have not renounced. 'See to it that no root of bitterness springs up and causes trouble, and by it many become defiled' (Hebrews 12:15).

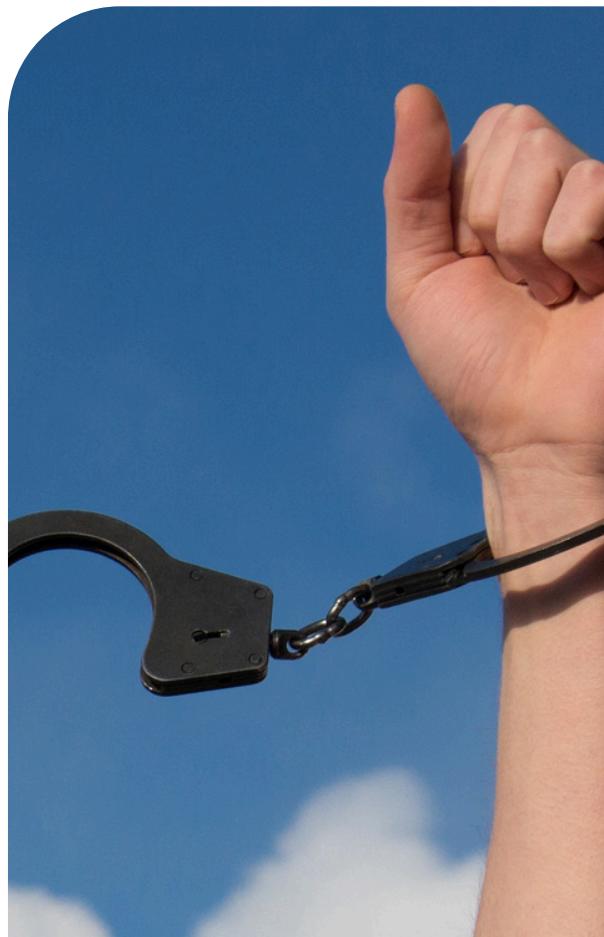
When we forgive specifically, we **remove the tree and roots** of consequences of unforgiveness. Sometimes fallen "fruit" has already seeded other trees (strongholds like rejection or fear). Renounce each emotion specifically and give it to Jesus because He already took it.

What forgiveness is not

- A. Not denial or justification of the offense.
- B. Not removing responsibility before God or civil law.
- C. Not always reconciliation. Reconciliation depends on the other person and circumstances, and trust may need time to be rebuilt.

Results of forgiveness

- A. God's protection restored.** God forgives me; my shield of righteousness stands against the enemy. The enemy loses any right to attack (strongholds are broken; doors are shut).
- B. Freedom from torment.** Evil spirits that exploited that ground must leave; peace and love replace previous turmoil.
- C. Healing flows.** Jesus reigns over that area of the soul; emotional—and often physical—healing can manifest.
- D. Open heavens over communities.** Forgiving can break corporate barriers and invites blessing over neighborhoods, cities, and nations.
- E. Unhindered prayer.** These sins no longer block our prayers from being heard.



How to practice (today)

Set aside quiet time with your Father. Ask Him to reveal the people and moments that wounded you—perhaps even from childhood. Don't rely on present emotions to decide if forgiveness is needed; if the Spirit brings it to mind, **forgive it specifically** and walk through the four steps above. **Speak it out loud** (the enemy tries to use unconfessed sin as a reason to accuse us). So we answer with clear, spoken renunciation and forgiveness. Then renounce the emotions and lies attached to those events.

This may take days or weeks—make it a **daily practice**, and do it **before gathering** with other believers.

There have been countless testimonies of marriages, families, and entire lives transformed when people practiced forgiveness from the heart—especially when **whole families** did it together.

Additional Scriptures on Forgiveness:

- Matthew 5:44; 6:12–15; 18:21–35
- Luke 6:37; 11:4; 23:34
- Galatians 5:19–20
- Ephesians 4:26–27; 4:31–32
- Colossians 3:8; 3:13
- 1 John 3:10; 4:20–21

Share the fruit

We'd love to hear your testimony. After you practice this, please email us about the healing, freedom, presence, peace, and joy you experience: contactglobalconsecration@gmail.com.





Let's spread the word!

1. Reflect and Apply

Set aside time today to apply what you've read. Write your prayers, repent before the Lord, and ask Him to speak to you personally.

2. Share the Journey

Don't take this journey alone. Invite your family, cell group, and church to join you in the *21 Days of Consecration*:

- ➡ Share on your social networks what we've posted
- 📢 Download our materials at globalconsecration.org/mobilize and share in your own church/social media.
- ✍ Post a sentence of what God spoke to you.
- 🔗 Use #GlobalConsecration on [Instagram](#)/[Facebook](#) and tag us

3. Prepare for what's coming

This is just the third of the materials you'll receive over the next few weeks. Pray and ask the Holy Spirit to prepare your heart for what comes next.

4. Witness and Unity

You've already begun a historic journey with other Christians across the world. Pray that they will remain steadfast and for more to join you.

For testimonies, send us an email to contactglobalconsecration@gmail.com sharing what God is already doing in your heart.